

365 • FLEURUS • MAME • MANGO
RUSTICA • VAGNON • SECRET D'ÉTOILES

FOREIGN *rights*

FALL 2025

ADULT
BOOKS



BODY, MIND & SPIRIT
COOKING
CRAFTS & HOBBIES
GAMES

GARDENING & NATURE
HEALTH & WELL-BEING
OUTDOOR
PARENTING

THE BEST DAILY RECIPES

30 quick and delicious recipes per title for easy cooking every day! Essential recipes with photos, information and tips for learning while cooking... books to delight the eyes and taste buds!

Hardcover / 17.5 x 22.5 cm / 112 pp / €10.00
11 available titles



Air Fryer
S. Augé



Vegan
D. Lebrun & C. Payen



COOKIES AND TREATS ADVENT CALENDAR

By M.-L. Tombini, C. Ferreira, J. Pedersen & D. Lebrun

An incredible Advent calendar dedicated to cooking: for each day, a small booklet reveals a delicious shortbread recipe to make. A scrumptious way to wait until Christmas!

Hardcover / 33 x 40 cm / calendar with 24 leaflets of 8-pp each (5.5 x 5.5 cm) / €19.95



COZY & COMFY

By S. Léger-Pereira

For anyone wishing to indulge in a moment of sweetness, relax under a blanket while enjoying a comforting drink, this feel-good cookbook offers 40 cozy recipes, inspired by cocooning rituals and the most popular food trends.

Hardcover / 18 x 24 cm / 144 pp / €17.95



THE CHOCOLATE HANDBOOK

By V. Finaz

A chocologist offers a glimpse into the art of chocolate, from cocoa cultivation to the art of tasting, including cultural and historical insights to uncover all the mysteries of this captivating product. She then offers 40 recipes to easily prepare original recipes that enhance chocolate.

Flexibound / 13 x 18 cm / 144 pp / €14.95

AIR FRYER RECIPES

In each title, 50 everyday recipes for starters, appetizers, snacks, main courses, and desserts to make with an air fryer. Easy, quick, and healthy recipes with simple ingredients, along with menu ideas to suit everyone (vegetarian, vegan, gluten-free or even kid-friendly). How to get the most and the best from one's air fryer!

Hardcover / 19 x 24.5 cm / 144 pp / €15.00
3 available titles



Japanese Recipes with an Air Fryer

D. Lebrun & S. Dumont



World Recipes with an Air Fryer

S. Augé & F. Besse



SHORTBREADS & CHRISTMAS COOKIES

By M. Aublet-Cuvelier

A pastry chef shares her expertise and secrets to transform everyone into an outstanding cook to delight taste buds. Her 26 classic and revisited recipes will be wonderful treats for a delicious Christmas!

Hardcover / 17.5 x 22.5 cm / 96 pp / €10.00



COOK ME A LOVE STORY

By S. Léger-Pereira

In the world of romance, every story has its own unique flavor. This original cookbook offers 40 recipes inspired by the most iconic tropes. From Enemies to Lovers, where spicy flavors clash with sweets, to Slow Burn, where each bite reveals a growing intensity: all styles of romance combined for the greatest pleasure of romance and food lovers!

Hardcover / 18 x 24 cm / 144 pp / €17.95



SO YUMMY

By M. Valade & B. Gargadenec

No matter one's cooking skills or budget, eating a balanced diet is accessible to everyone! In this book, the author shares 60 simple recipes to cook along with numerous tips to emphasize indulgence and pleasure!

Hardcover / 19 x 24.5 cm / 176 pp / €22.95



YATAI, JAPANESE STREET FOOD

By L. Kié & T. Fujii

True icons of the Japanese street food, yatai or food carts are essential in the Japanese lifestyle. In this book, best-selling author Laure Kié explores the best of Japanese street food, while strolling through the streets of Tokyo, Kyoto, and Osaka in the footsteps of an ancestral tradition. Recipes, photos, original illustrations by Takashi Fujii, addresses, and information for total immersion!

Hardcover / 21 x 26.8 cm / 208 pp / €31.95



ROMA

By L. Tersigni & E. Cino

A vibrant and rich book that explores the best recipes of Rome: from popular dishes to authentic family recipes revealing the true heart of Roman home cooking, shared by Lucia Tersigni, a Roman chef. Alongside the recipes, readers will discover iconic spots, local addresses, and inspiring accounts unveiling the city and its hidden treasures.

Hardcover / 192 pages / 21 x 26.8 cm / €27.95



PORTO

By S. Da Silva & A. Chemin

Porto is one of the most visited cities in Europe and offers a delightful Portuguese food tour. This culinary guide offers an exploration of gastronomy through a presentation of the Portuguese art of living, essential ingredients, institutions to visit, gastronomic itinerary advice for gourmets as well as 40 authentic recipes, with beautiful photographs. Bem vindo ao Porto!

Hardcover / 19.5 x 24 cm / 192 pp / €24.95

INSPIRATION FROM JAPAN

By L. Kié

Over 40 recipes and step-by-step photos to create delicious Japanese dishes. This series explores classic Japanese cuisine, teaching techniques to prepare mouthwatering dishes.

Hardcover with round corners / 14.5 x 22 cm / 96 pp / €12.95
2 available titles



The Best Sushi Recipes



Kawaii Bento



TASTES FROM IRAN

By M. Montazam & A. Princet

A contemporary chef's book mixing 60 original recipes, insightful cultural information, and accounts of artists of Iranian origin on their food memories. A beautiful book offering a culinary and cultural journey.

Hardcover / 23.5 x 28.5 cm / 208 pp / €31.95



LEGENDARY ITALY

By L. Zavan & V. Lhomme

80 recipes from the aperitivo to dessert, with step-by-step instructions, tips, information on specialties to try and bring back from each region, and photos of iconic cities. The best recipes from all around Italy gathered in one essential book!

Hardcover / 21 x 26.8 cm / 224 pp / €27.95



CATPONESE RECIPES

By L. Kié & H. Kishi

In this incredible book, best-selling author Laure Kié brilliantly transposes the kawaii trend to the art of Japanese cuisine with cat-shaped recipes. Savory and sweet recipes in step-by-step, with absolutely adorable illustrations by Haruna Kishi. Paws down the purr-fect book for Japanese food and cat lovers!

Hardcover / 17 x 20 cm / 128 pp / €14.95

ILLUSTRATED COOKBOOK

Reference books fully illustrated by drawings to learn everything about world cultures and gastronomies. An amazing discovery of customs and flavors!

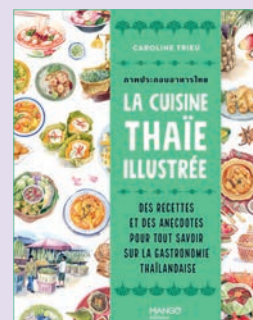
Softcover / 18 x 23 cm / 128 to 144 pp / €13.50 to €15.95
9 available titles

Best-selling series



The Illustrated Mexican Cookbook

M. Ahumada & O. Sigal



The Illustrated Thai Cookbook

C. Trieu & K. Inprung



NEW

BRUNCH & LUNCH

By C. Prestwich & J. Landaverde

How to enjoy at home the deliciousness of English brunch and lunch? From the full English breakfast to the famous baked beans, including the essential fish and chips, crumpets, pork pie, bagels, and savory pancakes, this book offers recipes to easily recreate the conviviality of famous British brunches and lunches.

Hardcover / 18 x 24 cm / 144 pp / €17.95



NEW

WORLD SANDWICHES

By B. Abraham & V. Lhomme

The 60 best sandwich recipes in the world for every season and any time of day: essential sandwiches, vegetarian options, meat and fish varieties, grilled delights... Easy, quick, and budget-friendly recipes, plus all the basics (breads, sauces, pickles, and more) along with anecdotes to enjoy perfectly crafted sandwiches.

Hardcover / 19 x 24.5 cm / 144 pp / €18.95



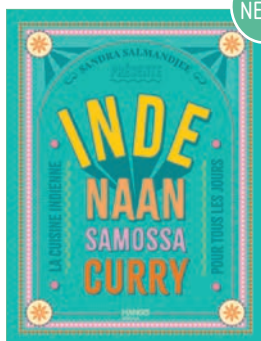
NEW

IRELAND

By J. Doverman & G. Czerw

Joseph Doverman, an Irish chef from Cork, introduces the Irish cuisine, comforting food rooted in local and seasonal produce. Through authentic dishes (the Irish stew, boxty, coddle...) and beautiful photographs, he captures the heart and soul of Irish cooking.

Hardcover / 21 x 26.8 cm / 192 pp / €27.95



NEW

INDIA

By S. Salmandjee

The essential of Indian cooking in a vibrant and modern cookbook. Original and easy recipes, with accessible ingredients, to cook delicious meals with little effort!

Hardcover / 19 x 24.5 cm / 160 pp / €24.95



NEW

NEPAL

By T. Salles

A beautiful book for traveling to Nepal, a fascinating country with a strong identity. Traditional recipes, beautiful photographs, and insights into the art of living: everything to enjoy and learn more about the heartwarming flavors of a simple, healthy, and delightful cuisine.

Hardcover / 21 x 26.8 cm / 192 pp / €31.95



NEW

HOMEMADE FERMENTATION

By C. Guézille & S. Houdré-Grégoire

Fermentation is known for its health benefits. Lacto-fermented vegetables, kefir, kombucha... 110 easy recipes for a healthy microbiota, and simple and economical preservation.

Softcover / 17 x 22 cm / 144 pp / €14.95

HEALTHY & HAPPY

A great series for everyone wishing to eat well while taking care of their body and health. 50 recipes per title for a healthy and balanced diet, along with plenty of advice to stay on track!

Hardcover / 19 x 24.5 cm / 144 pp / €18.95
3 available titles



Sports

N. Aubineau & E. Levesque



Low GI

T. Renoult & E. Levesque



Anti-Inflammatory Cooking

E. Gilmore & E. Levesque

NEW

New series

SIMPLE AND COZY

Cute characters, cozy homes, and peaceful everyday moments: each original illustration in this new series invites readers to enjoy a comforting creative break. Thanks to a thick paper and a wide back flap, readers are free to use alcohol-based markers, felt-tip pens, or color pencils without worry.

Softcover with one back flap / 23 x 23 cm / 64 pp / €8.99
4 available titles



Cozy Fall
B. Douville



Christmas by the Fireside
B. Douville



Yummy Patterns
P. Amelin



Lovely Winter Patterns
P. Amelin

300 COLORING

How to practice a relaxing activity all year round? By coloring! Each title offers 300 beautiful drawings to color. A practical format to take them everywhere with the bonus of a multi-lead pencil with 10 different colors!

Flexibound / 15 x 20 cm / 308 pp + 1 stackable colored pencil / €12.99 to €15.95
2 available titles



300 Mandalas to Color



300 Zen Coloring to Unwind

ROMANTASY BOOKMARKS

By M. Franiak

An enchanting series of coloring bookmarks to immerse oneself in the amazing world of romantasy. Each title includes 43 intricately designed illustrations, including 5 with gold foil and 38 with gold pantone, that cover a variety of essential themes of the genre.

Pad with Arlin spine / 5 x 19 cm / 43 bookmarks / €6.95
2 available titles



Fae Lovers



Dragon Princess

SIMPLE & COZY BOOKMARKS

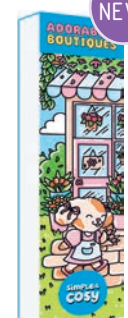
By A. Buan

A cabin, a movie session, or a pottery workshop... so many adorable little moments of happiness to discover through 43 cute coloring bookmarks. Creative coloring in a cozy and comforting atmosphere, ideal for relaxing and relieving stress.

Pad with Arlin spine / 5 x 19 cm / 43 bookmarks / €5.95
2 available titles



Happy Moments



Adorable Shops

New series

ROM-COM COLORING BOOK

By Jipègue

The ideal entertaining coloring book for all romance fans! Each double-spread presents on one side a cult scene from a romantic comedy to be colored and on the other a quote from the movie. A new way to explore and enjoy some of the most classic rom-coms!

Softcover / 19.5 x 28.8 cm / 64 pp / €9.95



MY NATURE MANDALAS TO COLOR

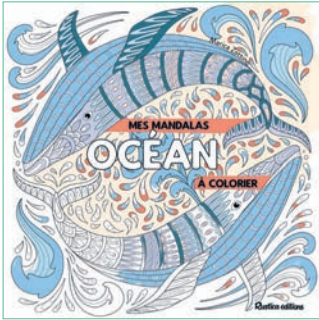
By M. Zottino

30 detailed full-page drawings per title, along with inspiring quotations, to connect with nature and spirit. A creative and relaxing activity!

Softcover / 29.7 x 29.7 cm / 64 pp / €12.95 to €14.95
10 available titles



Rose Mandalas to Color



Ocean Mandalas to Color

MY BOOKMARKS TO COLOR BY NUMBER

By M. Zottino

After the success of her bookmarks to color, Marica Zottino is back with a charming series of bookmarks to color by number. A small, handy format for a calming and simple activity for everyone!

Pad / 5 x 19 cm / 43 bookmarks / €5.95
3 available titles



Mandala Bookmarks to Color by Number



Flower Bookmarks to Color by Number



Cat Bookmarks to Color by Number

MY RELAXING COLORING BY NUMBER

By M. Zottino

The talented artist Marica Zottino presents 20 mystery coloring pages in these large-format titles, all centered around themes inspired by nature. The thick pages are easy to color and can be detached for use as decorations or gifts. To your colored pencils!

Softcover / 27.8 x 35.5 cm / 40 pp / €10.95
4 available titles



My Cat Coloring by Number



My Bird Coloring by Number



My Witch Coloring by Number



My Winter Coloring by Number

Best-selling series

MY BOOKMARKS TO COLOR

By M. Zottino

More than 300,000 copies sold of those best-selling bookmarks to color! 43 bookmarks per pad, ready to be colored for a relaxing time.

Pad / 5 x 19 cm / 43 bookmarks / €5.95
15 available titles



Cat Bookmarks



Flower Bookmarks



Mantra for Happiness Bookmarks

MAKE YOUR OWN

A series of kits offering activities suitable for beginners in creative hobbies. Complete sets for creating beautiful accessories or decorative pieces in retro and colorful styles.

Box / 23.5 x 23.5 x 2 cm / material / €13.99
4 available titles

New
series



Diamond Art
Limistic



Glittery Brooches
F. Delahaye



Retro Fusible Beads
P. Lebreton



Fusible Beads Flowers
P. Lebreton

TRENDY JEWELS KITS

Craft kits that will delight young adults: high quality material to make 3 to 4 bracelets per kit, together with the explanation in step-by-step.

Kit / material + 2 pp / 20 x 22 cm / €11.99
3 available titles



Tube Bead Bracelets



Beaded Friendship Bracelets



MYSTIC CHARM JEWELRY

By F. Delahaye

A superb kit to be at the forefront of a major jewelry trend: charms! This high-quality box contains all the materials to create a chain necklace, three bracelets, and a ring. A great way to liven up one's day-to-day styling and develop one's craft's skills.

Box / 23.5 x 24 cm / material / €22.95



PAINTING BY NUMBERS – FLORAL COWBOY BOOTS

By Limistic

Looking for a creative activity with a relaxing and calming impact? This painting by numbers kit gathers all the materials to paint a picture with a refreshing and colorful look: 9 paint pots, 2 brushes, a pre-printed A4 rigid board, a full-size color template, and an adhesive hook to hang the picture at home.

Box / 21 x 29.7 cm / material / €18.00



PUNCH NEEDLE

By Limistic

Punch needle is back! This kit will make it easy to get started with this embroidery technique, with all the materials (a large wooden embroidery hoop, a pre-printed patterned canvas, 5 yarn colors, a punch needle, and a yarn guide) to create a beautiful, on-trend decorative piece!

Box / 23.5 x 24 cm / material / €24.95

NATURAL CRAFTS

Amazing projects with clear step-by-step photos to create unique home decoration objects or boho accessories. A fresh and modern approach to timeless techniques!

Hardcover / 19.2 x 26 cm /
144 to 160 pp / €17.95 to €19.95
7 available titles



Ceramics Without a Wheel
L. Maurel & C. Curt



Macramé, My Fashion Accessories
V. Pugliesi



Boho Dream Catchers
C. Fabrègues & C. Curt



HOMEMADE PAPER

By E. Marchal

Making paper at home is a creative and ecological activity, accessible to everyone! This book provides all the instructions for creating paper pulp and making sheets of paper (decorated, textured, two-tone, with plant inclusions...), along with 10 projects to use the paper: hand-stitched notebook, cut-out postcard, envelope, garland, woven paper planter, and more.

Softcover with flaps / 17 x 24 cm / 96 pp / €14.95



NEW

WINTER TRADITIONS

By A. Maccorvus

A book dedicated to winter and Christmas traditions, everything that makes one love the season and its holidays, in a cozy, vintage spirit. A beautiful gift book to explore wonderful moments to experience and share, as well as their precious symbols, drawn from art, literature, or botany.

Wibalin / 17 x 24 cm / 96 pp / €15.95

FIRST STEPS – CRAFTS

A series dedicated to beginners: each model presents one to three specific techniques that will be easily acquired by the readers while following the steps!

Softcover / 21.5 x 25.4 cm / 80 pp / €11.95 to €13.95
11 available titles



Crochet Patterns
L. Bernard-Lamy & F. Besse



Sewing
A. Gayral & F. Lucano



Pottery with and without a Wheel
N. Taler



Deco Sewing
V. Bonnet Bouquet



Crochet
C. Polton



Circular Knitting
K. Chui

THE CRAFT HANDBOOK

The ideal gifts for all craft lovers: cute handbooks, fully illustrated with step-by-step photos and illustrations, clearly summarizing the techniques, the material and essential knowledge. Little books to always keep close at hand!

Flexibound / 13 x 18 cm / 144 to 152 pp / €13.50 to €14.95
9 available titles



The Pottery Handbook
N. Taler



The Lingerie Sewing Handbook
G. Hecker

Best-selling
series

CROCHET WORKSHOP

Lovely and modern projects in crochet, ideal for intermediate crocheters!

Softcover or hardcover / 17 x 22 cm / 64 to 96 pp / €10.50 to €16.50
4 available off-series titles + 10 available titles in the original series



Adorable Mini Animals
So. Croch'



Adorable Picnic
So. Croch'



Pretty Crocheted Christmas Decorations
A. Maury



Chenille Yarn Amigurumis
A. Tanniou

EASY CRAFTS

With its accessible and progressive approach, this series is the perfect gateway to creative hobbies for beginners. Each title introduces basic techniques through 10 easy projects, helping to develop one's creativity and skills!

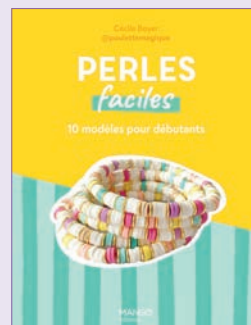
Softcover / 17 x 22 cm / 64 pp / €10.95
6 available titles



Easy Amigurumi
C. Polton



Easy Accessories to Sew
S. Dumas-Ramos



Easy Beads
C. Boyer



Easy Embroidery
C. Boyer



Easy Fashion Crochet
C. Polton



Easy Clothes Without Patterns
S. Dumas-Ramos



THE BIG SEWING HANDBOOK

By E. Grontec

This practical guide brings together all the techniques necessary for sewing accessories and clothing along with detailed step-by-step in photos, a neat layout and beautiful production. A must-have reference book for seamstresses of all levels ensuring them successful creations.

Hardcover / 21 x 26.8 cm / 272 pp / €31.95



THE BEGINNER SEAMSTRESS'S SURVIVAL GUIDE

By A. Gayral

This complete, exhaustive and humorous guide covers all the situations that seamstresses may encounter with their sewing machine (from material to interfacing, from pattern to ironing, from zigzag stitch to overcasting, etc.) to avoid or solve any problem. An educational and fun approach from a sewing teacher.

Hardcover / 20 x 25 cm / 208 pp / €25.00



NEW EDITION

MAKING WOODEN TOYS

By F. Mercier

A wonderful book for learning how to make wooden toys through 16 models. Classics toys revisited in a modern and joyful design, accessible to beginners, with dimensioned diagrams and step-by-step explanations for an impeccable and lasting result... for the delight of children!

Softcover / 21.5 x 25.4 cm / 128 pp / €17.95



NEW

FLOWER DREAMS

Collective Work

A creative planner for embroidering marvels all year long! Each week, a chart inspired by flowers, lovingly designed by 9 talented embroiderers, followed by inspiring texts (recipes, anecdotes, embroidery tips, etc.). Creativity will bloom in 2026!

Hardcover / 21.5 x 19 cm / 112 pp / €23.00

LESSONS & IDEAS TO BEGIN

The perfect practical guides for beginners to learn the basics of a technique in about 20 lessons, with clear explanations in illustrated step-by-step and real-size patterns, to create simple and timeless must-have items.

Softcover with flaps / 21.5 x 25.4 cm / 80 to 108 pp + 2 real-size double-sided pattern boards / €16.95 to €20.95
5 available titles



How to Sew Dresses and Tops
J. Pointurier



How to Create Patterns
E. Faurie

LITTLE HOMEMADE PRESENTS

10 simple, one-size-fits-all and foolproof DIY projects to prepare homemade presents. The perfect craft ideas for beginners to say proudly: "I made it myself"!

Softcover / 21 x 29.7 cm / 80 pp / €14.95
4 available titles



Little Presents to Embroider
C. Bavois



Little Presents to Crochet
J. Saint-Joanis

DRAW EVERYTHING IN 10 MINUTES

By L. Herzog

Over 75 models, all colored, to quickly learn to draw with a simple, step-by-step approach. Handy, pocket-size books to take anywhere, learn to draw easily, and practice with the included pencil.

Flexibound / 11.5 x 17 cm / 308 pp + a pencil / €9.99
2 available titles

New
series



Draw Shōjo in 10 Minutes

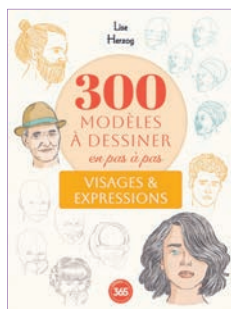


Draw Shōnen in 10 Minutes

300 STEP-BY-STEP DRAWINGS

Starting from simple shapes, fine arts specialists present in each title 300 varied models, and some can be drawn directly in the book with the included drawing pencil or brush.

Flexibound / 15 x 20 cm / 384 pp + a pencil or 324 pp + a brush / €15.95
5 available titles



300 Models of Faces & Facial Expressions to Draw in Step-by-Step

L. Herzog



300 Models to Paint with Watercolor in Step-by-Step

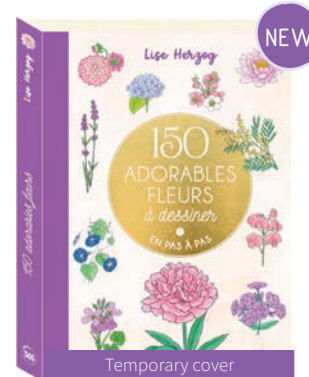
J. Simon

THE 150 MOST BEAUTIFUL DRAWINGS

A series of drawing tutorial books featuring an introductory section on drawing techniques and 150 varied step-by-step designs. Perfect guides for beginners!

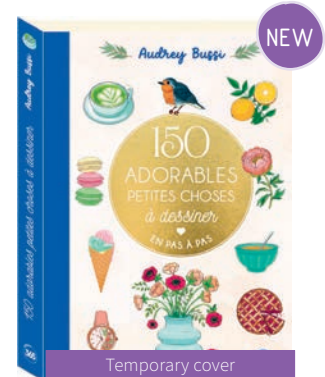
Flexibound / 17 x 24 cm / 176 pp / €19.95
2 available titles

New
series



150 Adorable Flowers to Draw

L. Herzog



150 Adorable Little Things to Draw

A. Bussi

EASY ART

A series to learn the basics of art techniques in a very easy and accessible way thanks to models and step-by-step exercises.

Softcover / 22 x 22 cm / 160 to 176 pp / €17.50 to €19.95
10 available titles



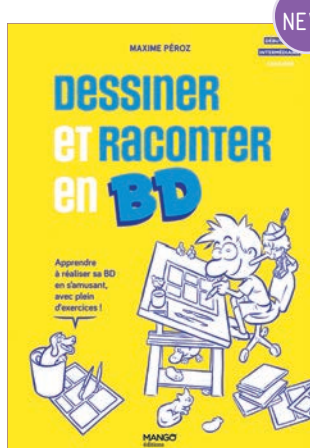
Easy Nature Drawing

J. Simon



The Keys to Correcting and Perfecting Your Drawings

L. Herzog



DRAW YOUR COMIC BOOK

By M. Péroz

Maxime Péroz, an illustrator and comic book author, offers a unique method for learning how to draw a comic book. His playful and dynamic method offers numerous practical exercises to practice and progress quickly, by completing templates! Drawing a comic book: a challenge within reach of all beginners!

Hardcover / 21 x 29.7 cm / 112 pp / €20.95



THE COMPLETE GUIDE TO MANGA DRAWING

Collective Work

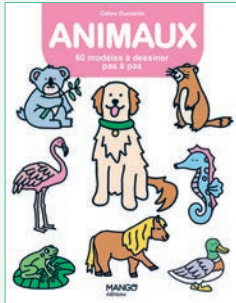
Manga specialists provide valuable advice, from writing the scenario to the final panel, to help apprentice mangaka learn to draw original, varied characters in their environment, and flesh them out! A fantastic guide to creating an original and captivating story!

Hardcover / 21 x 26 cm / 160 pp / €27.95

DRAW EVERYTHING

Here is a series dedicated to beginners wishing to get started in drawing, with a simple and effective approach. Each title presents a gallery of 60 models to easily reproduce in 6 to 12 steps, thanks to simple and short explanations. Apprentice drawers, grab your pencils!

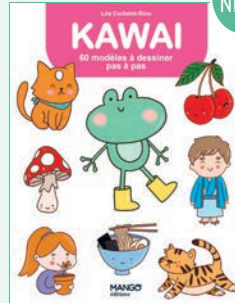
Softcover / 17 x 22 cm / 128 pp / €10.95 to €12.95
4 available titles



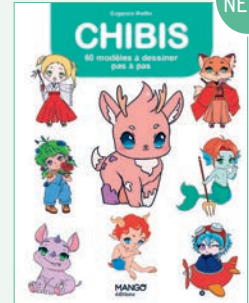
Animals
C. Dumartin



Manga
E. Raffin



Kawaii
L. Corbelet-Riou



Chibi
E. Raffin

INITIATION AND INSPIRATION NOTEBOOK

Beautiful books, made as a watercolorist's notebook, with all the bases to begin watercolor (mixing, wash, flat tint, shading, dilution...), step-by-step projects focused on sweet and inspiring double pages.

Hardcover / 17 x 20 cm / 128 pp / €17.95
2 available titles



Yummy Watercolor
C. Bellet



Small Gourmet Shops in Watercolor
V. Drouineau

BLUR EFFECTS WATERCOLOR

By A. Villers-Hémery

Guide for beginners in watercolor to master the art of the blur effect. From the selection of supplies, choice and use of the colors, introduction to the techniques, to practicing them with models to reproduce thanks to detailed step-by-step instructions... inspiring artists will create soft and mesmerizing flowers!

Softcover with flaps / 21.5 x 25.4 cm / 144 pp / €24.95
2 available titles



Flowers with Blur Effects



Gardens with Blur Effects

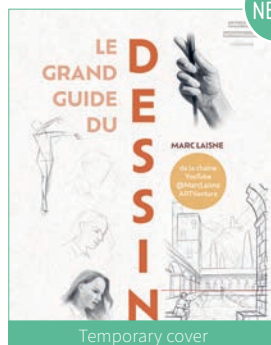


30-MINUTE WATERCOLOR: FLOWERS

By N. Cabioch

Thirty flower, plant, and arrangement watercolor projects to easily create in less than 30 minutes! A fun and easy learning experience thanks to accessible step-by-step instructions, a fresh and delicate world.

Softcover with flaps / 21.5 x 25.4 cm / 144 pp / €24.95



THE BIG GUIDE TO DRAWING

By M. Laisne

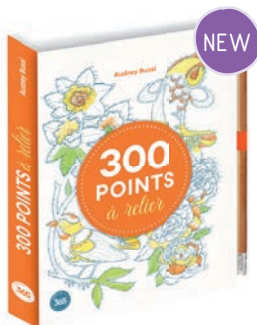
A comprehensive reference book to develop strong drawing fundamentals. Learning to simplify, grasping dynamics and movement, understanding values, mastering perspective... each fundamental theory has its own chapter with explanations, practical case studies, exercises, and plenty of tips to easily learn through practice.

Hardcover / 21 x 26.8 cm / 192 pp / €27.95

300 LOGICAL GAMES

Ideal gifts for lovers of brain teasers (puzzles, observation and logical games) with 300 original games per title and different levels of difficulty.

Flexibound / 15 x 20 cm / 448 pp + a pencil / €14.95 to €15.95
7 available titles



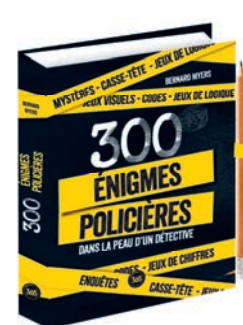
300 Dot-to-Dot
A. Bussi



300 Challenges to Fire Up Your Neurons!
S. Lebrun & L. Audrain



300 Teatime Cozy Crime Puzzles
B. Myers



300 Detective Riddles
B. Myers

PADLOCK RIDDLES

A series of logical games that begin with the books in hand: to open them, players must start by finding on the covers the code for the padlocks. Once opened, players will heat up their gray cells by solving 80 puzzles!

Hardcover with a padlock / 15.7 x 21 cm / 96 pp / €9.95
4 available titles



Leonardo da Vinci's Riddles
B. Myers

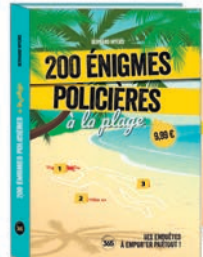


New Sherlock Holmes' Riddles
N. Masson & Y. Caudal

THE ACES

200 games and puzzles per title to sharpen one's logic and reasoning while having fun. Books to take everywhere to never be bored again!

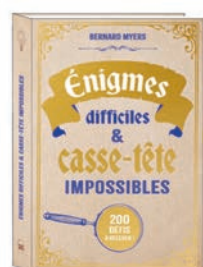
Flexibound / 11.5 x 17 cm / 308 pp + a pencil / €9.99
5 available titles



Detective Mysteries at the Beach
B. Myers



Sherlock Detective Mysteries in the Mountains
B. Myers



Difficult Riddles and Impossible Puzzles
B. Myers

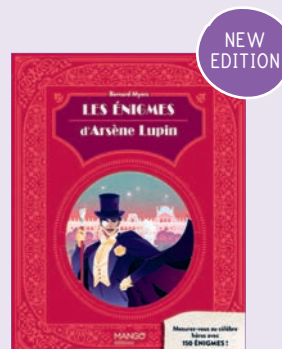


Your I.Q.
T. M. Carabin & O. Meklemberg

ENIGMAS

Unique and original game books to solve 150 enigmas, split into 10 themed chapters, on a particular universe. A series to challenge one's mind!

Hardcover / 17 x 22 cm / 192 to 208 pp / €14.95 to €15.95
7 available titles



The Riddles of Arsene Lupin
B. Myers

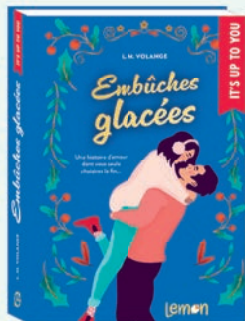


The Riddles of d'Artagnan
N. Masson & Y. Caudal

IT'S UP TO YOU!

These novels differ from classic books as readers take the decisions for the heroine and impact the outcome of the story with 4 possible endings. Well-written novels, full of passion and surprises for lovers of new adult romance!

Softcover / 14 x 21 cm / 384 pp / €16.99
5 available titles



A Heart to Melt
L. M. Volange



How to Ruin Your Sister's Wedding
C. Lenge



Love, Lies & Gelati
C. Lenge



Reindeer Eyes Are Blue in Winter
L. M. Volange



THE ROMANCE LOVERS CLUB'S GAMEBOOK

By L. Jones

Hopeless romantic, fans of bad boys, experts in slow burn... this gamebook is made for romance lovers! Through tests, puzzles and various games, they will dive into the world of novels that accelerate their heart rate... an invitation to rediscover beautiful romances while having a great time!

Softcover / 19.5 x 28.8 cm / 64 pp / €9.95



200 QUESTIONS FOR ROMANCE FANS

By L. Jones

A clever little quiz box to test one's romance knowledge! 100 cards, with 200 questions in total, divided into 5 categories: Would You Rather, Kiss Marry Kill, Bookboyfriend or Not Bookboyfriend, Quotes..., and General Knowledge. A lovely gift romance lovers are bound to love!

Cylindrical box / 9.6 x 9.7 cm / 100 cards / €12.90

MURDER PARTIES

Looking for a thrill or puzzles to solve with friends or family? Players will love this series offering them to enter worlds full of mystery and suspense through role-playing games to collect clues and unmask a culprit! 10 investigations per box with a storyline, simple rules to follow, 120 cards and a booklet, for 4 to 6 players.

Case/ 14 x 21 x 3.5 cm / 120 cards + a 48-pp booklet / €16.95
4 available titles



Sherlock Holmes
V. Pelletier



True Crime
V. Cluzel



Mini Dragons Jigsaw Puzzle



Mini Witch Jigsaw Puzzle



Mini Elve Jigsaw Puzzle

MINI JIGSAW PUZZLE

By S. Mottet

A series of captivating little puzzles, with the original illustrations by Sara Mottet, inspired by the fantasy world, in a conveniently sized box, easy to take anywhere, and a flyer with the full illustration as a reference.

Case/ 8.4 x 16 cm / 1 jigsaw puzzle (150 pieces) + a flyer / €9.95
3 available titles

New series

LITTLE PRECIOUS BOOKS

Beautifully crafted little books to learn about a fascinating and mysterious universe. A rich iconography, with engravings, painting reproductions and ancient illustrations.

Hardcover with foam / 11.5 x 17 cm / 128 to 144 pp / €13.95 to €15.95
19 available titles



NEW

Temporary cover

Secret Language of Flowers
M. Beauvais



NEW

Temporary cover

Northern Legends
Sentulia



NEW

Temporary cover

DRAGONS

By M. Mottet & S. Mottet

Dragons are legendary creatures that appear in the folklore of multiple cultures worldwide. This richly illustrated book, in a style somewhere between fantasy and gothic, presents the most iconic species and the history of this fascinating imaginary creature.

Hardcover / 23 x 28.7 cm / 80 pp / €21.95



NEW

IS DEATH AN END?

By J. Keller

In this book, a historian of the strange explores the possibility of the afterlife through scientific, philosophical, and paranormal theories, highlighted by personal accounts. An engrossing investigation!

Softcover / 14 x 21 cm / 208 pp / €14.95



NEW

WHAT THE DEAD TOLD ME

By Ellenium

After her father's death, the author began developing the ability to receive "unexpected" communications. Since then, she has traveled to haunted places to trigger communication phenomena with the deceased. In this book, she recounts twenty of her paranormal adventures as a ghost hunter.

Softcover / 14 x 21 cm / 208 pp / €14.95



NEW

Temporary cover

THE EXTRAORDINARY CABINET OF SPIRITUALIST CURIOSITIES

By F. Delage

With this amazing book, readers will discover astonishing objects of communication with the afterlife since the end of the 19th century. Ouija boards, portable spirit cabinets, spirit bells, psychographs, spirit lamps, Edison's necrophone... 28 astonishing spirit objects!

Hardcover / 21 x 26 cm / 152 pp / €24.95



NEW

Temporary cover

VAMPIRES

By J. Sirgent & P. Gallois

An illustrated gift book, written by a vampirologist and specialist in the subject, to learn everything about vampires, powerful and attractive creatures, regularly the source of major cultural successes. From the origins of the myth, the creature through history to references in psychiatry, literature, movies, this book offers a varied content for an enthralling reading.

Hardcover / 23 x 28.7 cm / 80 pp / €21.95



NEW

OCTOPUS, THE MAGICIAN OF THE OCEAN

By A.-S. Darmaillacq

An essay written by an ethologist, teacher-researcher specializing in cephalopods, on the extraordinary abilities of the octopus: one of the most fascinating creatures of the oceans.

Softcover / 14 x 21 cm / 176 pp / €14.95



MYTHS, A MIRROR FOR OUR SOCIETY

By L. Abad Estieu & L. Louxor

Though mythology is a reading material for our society, most of them have often carried sexist, lgbtphobic stereotypes, rooted in rape and incest culture. A feminist activist gives her own reading of 13 of them to resituate the messages they convey in the context of their time of writing and to draw new lessons from them.

Hardcover / 17 x 24 cm / 208 pp / €24.95

MY WISDOM CARDS

How to get guidance for the day? By opening one of these little boxes each enclosing 40 cards and picking one to reveal food for thoughts from ancient traditions. Classic wisdom for a modern audience!

Case / 10.7 x 5.9 x 2.5 cm / 40 cards (9.7 x 4 cm) / €9.99
4 available titles

New
series



Asian Wisdom



Sufi Wisdom



Celtic Wisdom



Egyptian Wisdom

ORACLES: DECK AND GUIDEBOOK

An enchanting series of oracle sets including 25 cards with original illustrations and a 64-page book to understand the cards symbolism and the different possible draws.

Set / 8.4 x 16 cm / 25 cards + a 64-pp softcover book / €14.95
12 available titles



The Cat Oracle

A.-S. Casper & L. Bossuet



The Little People Oracle

M. Mottet & S. Mottet



The Bird Oracle

A.-S. Casper & E. Gillard



The Witch's Sabbath Oracle

A. Maccorvus & L.-A. Poquet

MY MAGIC RITUALS

Fascinating guides, accessible to a large public, offering spiritual and practical guidance to relax and reconnect to one's inner self.

Softcover with flaps / 15 x 21 cm / 80 pp / €9.95
21 available titles

Best-selling
series



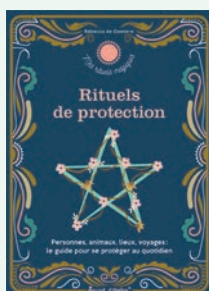
The Powers of the Earth

Meli Guidance



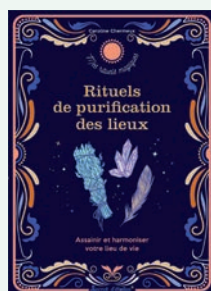
Preserving My Vital Energy

C. Cherheux



Protection Rituals

R. de Geetere



Space Purification Rituals

C. Cherheux

ORACLE DICE

Practical and captivating boxes each including 5 dice marked with symbols and a 48-page booklet to interpret the draws. An original and easy approach to divination!

Box / 13.4 x 20.3 x 2.5 cm / 5 dices
+ a 48-pp wire-stitched booklet / €16.95
4 available titles



My Celtic Spirits Dice

A. Maccorvus



THE ART OF THE PENDULUM

By P. Hearts & A. Alzieu

An all-in-one dowsing kit with a wooden pendulum, a dowsing dial, and a guidebook. A great gift for learning the technique, capturing vibrations, and getting answers to one's questions.

Box / 25 x 19 x 4 cm / wire-stitched booklet (48 pp) + accessories / €16.95



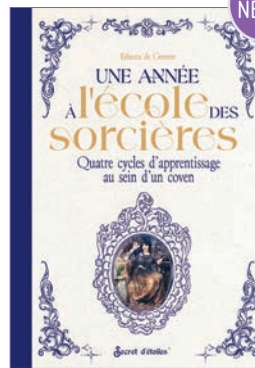
NEW

Shadow & Light in Magic

By Meli Guidance

With this illustrated guide, readers will be able to balance light (clarity, higher aspirations, ...) and shadow (fears, wounds, unconscious desires, ...) to unleash their magic, and achieve a deep and lasting transformation. Through ancient rituals, practices, and customs, they will discover how integrating both can illuminate their spiritual path.

Softcover / 17 x 22 cm / 128 pp / €14.95



NEW

A Year at Witch School

By R. de Geetere

More than a handbook for learning magic, here is a complete program blending ancient wisdom, self-discovery, the power of the elements, deep knowledge, and the rhythms of nature into a true initiatory journey.

Hardcover / 17 x 24 cm / 160 pp / €19.95



The Witch's Familiars

By C. Paradot

This work presents all the witch's familiars, from everyday animals to guide and chimerical animals, along with rituals to bring their magic into one's practice, amplify one's power and to bond with them.

Softcover / 17 x 22 cm / 144 pp / €14.95



NEW

My Witch's Herbarium

By S. Ribeiro

This valuable herbarium is a wonderful resource for witches to collect and preserve their plants. The author provides essential information about the plants, tips for making a flower press, and tips for drying plants.

Hardcover with a ribbon / 20 x 24.5 cm / 112 pp / €19.95



101 Magical Rituals to Change Your Daily Life

By Elysabel

How to transform one's daily life? A witch and fortune teller presents a benevolent approach to witchcraft, offering 101 simple magical rituals to explore magic through a joyful and nurturing practice. Abundance, love, happiness, protection, health... quite a program!

Softcover / 17 x 22 cm / 192 pp / €15.95



NEW

The Secrets of Your Past Lives

By C. Chermeux

Past lives are a source of mystery and multiple beliefs, depending on the era and civilisation, but also on what we feel and perceive. In this book, the author reveals all the keys, secrets and intricacies of past lives with kindness and gentleness. With this book, push open the doors to the invisible and change the way you look at your past incarnations.

Softcover / 14 x 21 cm / 160 pp / €14.95



NEW

Soul Guides

By La Lightworkeruse

Soul guides are people capable of sensing wandering souls and "freeing" them, allowing them to pass on to the other side. This book sheds light on their role with personal accounts and shared experiences, and also provides answers to the mysteries surrounding the afterlife.

Softcover / 14 x 21 cm / 176 pp / €14.95



NEW

Taming Grief

By M. N. Denis

Understanding grief, taming one's sorrow, maintaining a connection with the deceased, resources for moving forward... all the advice from a thana doula to help cope with grief gently.

Softcover / 14 x 21 cm / 160 pp / €14.95



THE ANTI-INFLAMMATORY METHOD
By M. Le Gouvello
 Chronic inflammation reflects our lifestyle (stress, fatigue, diet, etc.) and is a pre-existing factor in the development of diseases. This book helps readers understand what it is, what triggers it, and how to detect it to treat it more effectively. It offers advice and methods for natural naturopathic treatments, enabling action without medication!
 Softcover / 17 x 22 cm / 192 pp / €19.95

HILDEGARD OF BINGEN

Hildegard of Bingen initiated the holistic naturopathic approach linking body and spirit, man and nature, soul and the cosmos. This series offers books presenting a selection of her favorite tools, regarding their significant therapeutic effects, to take care of one's health.
 Softcover / 17 x 22 cm / 128 pp / €14.95
 2 available titles



Wellness Gemstones of Hildegard of Bingen
 S. Macheteau



Plants and Remedies of Hildegard of Bingen
 S. Stulz



SECRETS & VIRTUES OF PLANTS
Collective Work
 Prescriptions for treating common ailments with easily available galenic forms (essential oils, herbal medicine, capsules, Bach flowers, etc.), recipes and some step-by-step DIYs for making home remedies: a great book for healing and caring for oneself with medicinal plants!
 Hardcover / 17 x 24 cm / 160 pp / €19.95



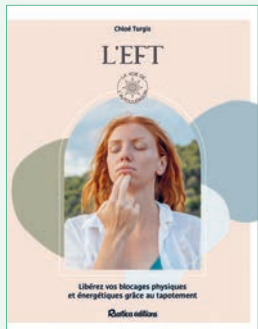
SECRET HEALTH & BEAUTY RECIPES FROM ANCIENT TIMES
By S. Macheteau
 Cerat de Galien, tiger balm, rice powder... the quest for natural remedies for one's well-being and beauty has existed for centuries, and historical figures have paved the way with iconic recipes. This inspiring book deciphers treatments, from their genesis to the present day, and offers valuable advice for creating 20 recipes brought up to date!
 Softcover / 17 x 22 cm / 128 pp / €14.95



THE BIG GUIDE TO ENERGY HEALING
By A.-S. Casper & A. Alzieu
 Traditionally, in Chinese and Indian medicine, the proper circulation of energy helps prevent and treat illnesses. This comprehensive book on energy healing techniques provides a holistic approach to health and well-being, offering simple and effective energy solutions, accessible to all and easy to put into practice.
 Softcover with flaps / 18.5 x 24 cm / 256 pp / €28.50

THE WAY TO SELF HEALING

Anxiety, pains, insomnia, grief, tiredness can be softened or treated by non-pharmacological methods. This series has a holistic approach to health, with alternative methods to stimulate the capacities of the body to regenerate and heal the body and mind.
 Softcover with flaps / 17 x 22 cm / 96 pp / €11.95 to €12.95
 8 available titles



EFT
 C. Turgis



Feng Shui
 A.-S. Droulez



Acupressure
 C. Tanguy



Self-Massage
 C. Dildée

COACHING

A series dedicated to well-being and health with a great promise: achieve a goal in 4 weeks thanks to a complete program prepared by professionals!

Softcover / 19 x 24.5 cm / 144 pp / €16.95
2 available titles

New series



Transform Your Skin in 4 Weeks
C. Hermann



Balance Your Diet in 4 Weeks
M. Billard



MY ANTI-ANXIETY COMPANION

By M. Coiffard

A comforting and illustrated gift book, offering dozens of soothing quotes and motivational words. Perfect for those in need of support or a bit of reassurance, this cocooning book lift the spirits, provides comfort, and makes readers feel good!

Softcover with flaps / 15 x 21 cm / 144 pp / €14.95



HOW SLEEP WORKS

By Pr. I. Arnulf & Dr. V. Slimani

Insomnia, restless sleep, and other sleeping disorders are common. A duo of sleep experts—one a neurologist, the other a psychiatrist and somnologist—wrote this most-read guide to help sleep better and regain energy every day. The ideal companion for better sleep!

Softcover / 17 x 22 cm / 128 pp / €16.95



THE SECRETS OF A NATUROPATH FOR A BEAUTIFUL SKIN

By C. Tanguy

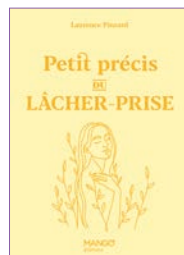
In this complete and accessible guide, a naturopath presents natural actions to have healthy skin. Simple explanations, a 21-day program adapted to each skin type, self-massage and facial yoga techniques to reduce the effects of aging, acupressure techniques to relieve skin problems...

Softcover / 17 x 22 cm / 160 pp / €17.96

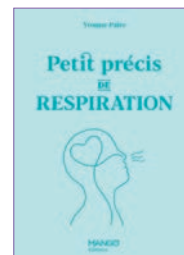
THE WELL-BEING HANDBOOK

A series of essential guides for naturally and daily caring for one's health. An illustrated approach including all the benefits and basic concepts of each medicinal alternative.

Flexibound / 13 x 18 cm / 144 pp / €14.95
8 available titles



The Letting Go Handbook
L. Pinsard



The Breathing Handbook
Y. Paire



The Reflexology Handbook
C. Gaspar



The Happiness Handbook
R. Frély



I STOP SCROLLING!

By T. Dumas

Is it possible to free oneself from the influence of the cell phone? Yes! Thibaud Dumas, a doctor in neuroscience specialized in the relationship between the brain and new technologies, provides exercises and practical advice to free oneself from the influence of digital technology and discover the consequences of screen time on the body, brain, and environment.

Softcover with flaps / 17 x 24 cm / 144 pp / €16.95



I MANAGE MY MENOPAUSE

By Dr. Odile Bagot & C. Terrier

Fluctuating hormones, muscle and bone loss, sudden urges to cry, and hot flashes: menopause is an inevitable stage in a woman's life, but it can be experienced in a much more fulfilling way than before. A gynecologist provides all the tools to navigate this challenging period smoothly, explaining, without taboo and with humor, the changes taking place and what can be done to regain control.

Softcover / 17 x 24 cm / 144 pp / €16.95

SUPER EASY!

Over 40 exercises per title, clearly explained in step-by-step photos, to improve one's strength and flexibility at home, and relieve common pains! For each pose, the author highlights the common mistakes for a safe practice.

Softcover / 15 x 21 cm / 144 pp / €14.95
9 available titles



Super Easy Chair Yoga
V. Allibe



Super Easy Wall Pilates
M. Manzone



Super Easy Core-Strengthening Exercises
A. Leblowski



Super Easy Pilates
S. Augoyat

NEW EDITION

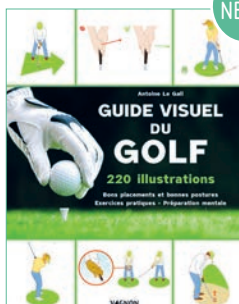


GETTING READY FOR A MARATHON

By C. Chastel & S. Cariant

The comprehensive guide for aspiring marathoners to become finishers! Tests to assess their level and adapt training plans, diet, gear, muscle strengthening, race ideas to get started... A guide with a lively tone, written by two complementary authors: a sports coach for the technical aspects and a runner for personal experience.

Softcover / 15 x 21 cm / 160 pp / €16.95



NEW

VISUAL GUIDE TO GOLF

By A. Le Gall & J.-L. Guérin

A 100% visual and comprehensive guide on the essentials to know to begin or improve one's golf practice: 80 exercises including proper alignment, stance, mental readiness... fully illustrated!

Softcover / 17 x 22 cm / 176 pp / €19.95



NEW

MY WELL-ORGANIZED HOME

By C. Berenguer

A comprehensive guide to organizing and simplifying one's home thanks to numerous tips and tricks divided into several main chapters: sorting, meal planning, cleaning, etc. The book also includes a zippered pocket with 6 tools (weekly to-do lists, weekly menus, mental overload planner, etc.) as well as stickers: everything to simplify the daily and family lives.

Wire-o / 15.8 x 21 cm / 144 pp / €15.95



WHAT IF I GOT ORGANIZED?

By J. Bizouard

A practical and effective guide to focusing on the essentials when organizing one's home and daily life. A clear coaching approach that presents the key principles of organization, with an action plan for the home, time management, and organizing the events of one's life!

Softcover / 17 x 22 cm / 144 pp / €14.95



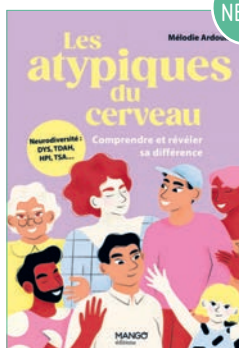
NEW

A MENTALIST'S SECRETS TO GETTING ANYTHING YOU WANT

By P. Cika

Pierre Cika, a magician and mentalist for 25 years, offers a method to enable readers to boost their relational intelligence: convince, persuade, and obtain what they desire from others—without manipulating them. An accessible and practical approach to mentalism, close to personal development, combining magic, mentalism, and hypnosis.

Softcover / 17 x 24 cm / 160 pp / €16.95



NEW

NEURODIVERGENT MINDS

By M. Arduin

An expert and dedicated advocate for the cause of neurodiversity wrote this practical guide, with solid scientific expertise, offering exercises and activities to apply advice and recommendations, to better understand and embrace neurodiversity, giving readers the tools to be inspired and empowered, to overcome personal and professional challenges and thrive.

Softcover with flaps / 17 x 24 cm / 160 pp / €17.95



PSYCHOMOTOR DEVELOPMENT FROM BIRTH TO 18 MONTHS

By P. Pavy, C. Rault & L. Herzog

The perfect guide for parents of little ones: easy-to-set-up activities that require no home adjustments, insights based on the latest scientific advances, feedback from psychomotor experts and early childhood specialists, and over 60 illustrations and 30 videos to quickly grasp the key concepts.

Softcover / 17 x 24 cm / 192 pp / €17.95



DO YOU LOVE ME WHEN YOU ARE MAD AT ME?

By Dr. M. Touati-Pellegrin & R. Lefebvre

A child psychiatrist answers to 18 common questions from children from 3 to 6 by deciphering what is behind (what fear, need, desire...). Each question is put into perspective with a story of a child. An original approach to help parents find their own answers, based on their experiences and values.

Softcover / 17 x 24 cm / 144 pp / €15.95



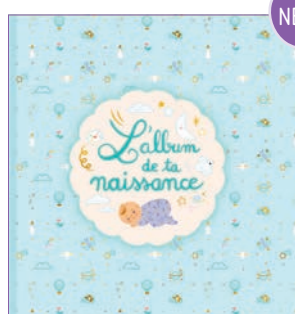
NEW

THE COMPLETE GUIDE TO BREASTFEEDING

By H. Soots, S. Dreyfuss & E. Pioli

Written by a pharmacist specialized in lactation, this illustrated guide explains the physiology of breastfeeding, offers practical solutions to common challenges, and provides essential nutritional advice.

Softcover with flaps / 17 x 24 cm / 176 pp / €18.95



NEW

THE ALBUM OF YOUR BIRTH

By M. Bretin

A beautiful, customizable album that retraces one's child's first moments. From pregnancy to their first birthday, parents can keep track of happy moments. A thoughtful way to capture the joy of one's baby's first year!

Cloth hardcover with a ribbon / 26.5 x 26 cm / 64 pp + 3 envelopes / €19.95



NEW

TREASURES OF MOTHERHOOD

By C. de Willencourt & A. Trannoy

An essential practical guide to support women who wish to become mothers and understand, medically but also humanly, the different stages to experience, from conception to postpartum. Illustrated with precise infographics, this book also contains practical exercises to appropriate this new perspective on one's body and motherhood.

Hardcover / 14 x 21 cm / 192 pp / €19.90



WHY DOES YOUR TEENAGER (SOMETIMES) HATE YOU?

By S. Foucher & Zoéli

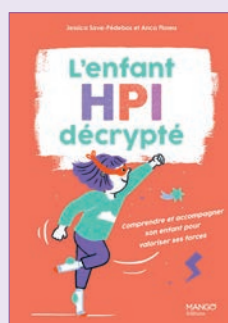
Teenagers ask and need room to grow, but this does not mean that they no longer need their parents, quite the contrary. As a parent, the balance between presence and distance is not easy to find, especially when you feel rejected... or even hated. With a lot of humor, the author gives multiple keys to cut the cord with the teenagers, while keeping the essential bond.

Softcover / 17 x 24 cm / 160 pp / €16.95

UNDERSTANDING CHILDREN WITH SPECIAL NEEDS

Fully illustrated guides written by experts to better understand the children with special needs. Each topic (communication, autonomy, learning, social life) is taken from the children's point of view and focuses on everyday life situations, to help parents to perfectly grasp their feelings.

Softcover with flaps / 17 x 24 cm / 160 to 192 pp / €17.95 to €18.95
3 available titles



Understanding the High Potential Child

A. Florea & J. Save-Pédebos



Understanding the Child with ADHD

J. Save-Pédebos



NEW

THE NINE LIVES OF A CAT

By Kats & Co

A beautiful book on the extraordinary abilities of the cat, studied in 9 chapters echoing the 9 lives of the cat: history, myths and legends, sight, smell, hearing, purring, sensoriality, agility and acrobatics, paws and pads. A gift book for all cat lovers!

Hardcover / 21 x 26 cm / 160 pp / €21.95



OBSERVING WILDERNESS AT NIGHT

By M. Luchesi & M. Ta

An incredible guide to discovering the secret wonders of nature at night. All the advice to prepare well for observing (how to dress, useful accessories, attracting animals, etc.) all kinds of animals in all kinds of places (at home, in gardens, meadows, woods, mountains, by the water, or in the city)!

Softcover / 15 x 21 cm / 128 pp / €14.95



GAMES & ARRANGEMENTS FOR MY CAT

By Kats & Co

A feline behaviorist helps humans better understand their cat's needs and improve their home for their well-being! Indoor or outdoor games and arrangements (depending on the cat's age, new arrivals, etc.), as well as practical advice and step-by-step DIYs.

Softcover / 17 x 22 cm / 128 pp / €14.95



THE HORSE

By C. Bourset

Through extensive research and interviews with ethologists and stakeholders from the equine world, the author gives a fascinating portrait of the horse, a hypersensitive animal. An accessible essay of popular science to rediscover an animal that is both familiar and mysterious.

Softcover / 14 x 21 cm / 160 pp / €14.95



NEW

CANINE MASSAGE FOR A HAPPY DOG

By F. Claustres & E. Martins

As a holistic and natural technique, massages act on the physical and psychological levels of dogs, whether they are young, adult, stressed, athletic, or elderly. Written by a behaviorist-educator, trainer, and canine massage practitioner, this guide presents 15 illustrated massages, with QR codes linking to explanatory videos, and their numerous benefits.

Softcover / 17 x 22 cm / 128 pp / €16.95



NEW

WILD SYMPHONIES

By F. Deroussen

Fernand Deroussen is an audio-naturalist composer who celebrates nature in this wonderful book. He recorded himself 40 rare or original sounds, i.e. 2 hours of listening and 40 Qrcodes to listen to enchanting sounds: crystal petals, feather drum, dune wind... A sensitive world tour of nature!

Hardcover / 21 x 26 cm / 176 pp / €29.95

LIVING WITH HUMANS

By E. Gajewski

These books are an invitation to change one's point of view, to put oneself in the pet's shoes for a better understanding of its behavior. After a reminder of the pet's basic needs, the author invites to develop one's intuition to refine the bond with it. The ideal book to become a perfect human companion!

Softcover / 17 x 22 cm / 128 to 160 pp / €14.95
2 available titles



NEW

Humans: A Dog's Guide



Humans: A Cat's Guide



HOW TO ADAPT MY VEGETABLE GARDEN TO CLIMATE CHANGE

By R. Elger

Heatwaves, droughts, floods, storms: the weather puts vegetable gardens to the test. How to adapt to climate change? How to prepare for it? Which crops to favor? Based on his own observations over the last 5 years, Robert Elger presents a new cultivation calendar along with precious and numerous advice.

Softcover / 17 x 22 cm / 144 pp / €14.95



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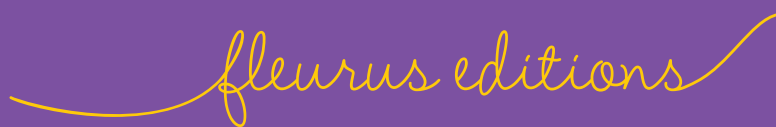


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